



## Feel the love in February!

You'll love all the great events and activities we have planned this month! From fitness classes and pickleball, to the theatre, a carnival, and loving bugs - our PRT team has you covered for feeling the love in February.

For the latest information on events, rescheduling, or cancelations, be sure to follow the [PRT Facebook page](#). You will find great information and details on our other pages too!

- [George Owens Nature Park](#)
- [Independence Uptown Market](#)

You can find a calendar of these events on the [City's website here](#).

A promotional poster for 'Toddler Town' featuring two young girls jumping joyfully on a colorful play structure. The background is a mix of blue, yellow, and pink panels. The text is overlaid on the left side of the image.

# TODDLER TOWN

TUESDAYS/THURSDAYS | \$2/child  
OCTOBER THROUGH MARCH

**10AM-12PM**



INDEPENDENCE  
★PARKS ★RECREATION ★TOURISM★



# POWER PALOOZA

Saturday, February 3 | 10AM - 3PM

Game tickets: 3 for \$1



It's time for the annual Power Palooza Carnival at the Sermon Center! Come support the Powerhouse Theatre Foundation on Saturday, February 3, from 10AM-3PM. Enjoy carnival games, puppetry entertainment, jugglers, and more! Game tickets are 3 for a \$1!

If you are interested in sponsoring a carnival booth, they are \$30 each. For more information call (816) 325-7367 and leave a message under the Children's Performing Theatre.

The Marvelous Land of Oz - The Young Girl Returns

📍 Roger T. Sermon Center

**SHOWTIMES**  
FRI, FEB. 23 | 7PM  
SAT, FEB. 24 | 7PM  
SUN, FEB. 25 | 2PM

FRI, MAR. 1 | 7PM  
SAT, MAR. 2 | 7PM  
SUN, MAR. 3 | 2PM

**CHILDREN'S PERFORMING THEATRE**  
Independence, Missouri

The poster features a pair of red sequined high-heeled shoes with a red bow on the toe, set against a background of yellow brick pavement. The text is overlaid on the image in white and black fonts.

The Children's Performing Theatre proudly presents "The Marvelous Land of Oz-The Young Girl Returns!"

Reserve your ticket to the show by calling (816) 325-7367. Ticket pricing varies.

Dates:

February 23 | 7 PM

February 24 | 7 PM

February 25 | 2PM

March 1 | 7 PM

March 2 | 7 PM

March 3 | 2 PM



# PICKLEBALL

# FOR BEGINNERS

**FEBRUARY 17**

**MARCH 16**

**10AM-12PM**



 **SERMON CENTER**


## Fitness Classes

Check out our fitness classes at the Sermon Center and Truman Memorial Building!

# Silver Sneakers Classic

**Thursdays 11-11:45AM**



 **Truman Memorial Building**

**February through March**  **INDEPENDENCE**  
\*PARKS \*RECREATION \*TOURISM\*

**BARRÉ**  
above™

**THURSDAYS**  
**8:15AM - 9AM**

**SERMON CENTER**

**Zumba AM & PM**

WEDNESDAYS & FRIDAYS | 9:30-10:30AM  
MONDAYS & WEDNESDAYS | 7-7:50PM  
**\$4 DROP-IN VISIT**

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**Zumba Gold**

Tuesdays | 1:30-2:15PM | \$3  
February-March

Truman Memorial Building

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**Yoga**

Thursdays | 5:45-6:45PM | \$4  
February-March

Sermon Center

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**Silver Sneakers Yoga**

Mondays 10-10:45AM Wednesdays 1:45-2:30PM  
February through March

Truman Memorial Building

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**Noon Yoga**  
 Mondays, Wednesdays, Fridays  
 12-12:45 PM  
 February through March

Sermon Center



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**Extreme Boot Camp**  
 Tuesdays-Thursdays | 5:10-6PM | \$4  
 Sermon Center  
 February-March




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**Tai Chi Chuan Essentials**  
 Thursdays 7-8 PM  
 February through March  
 Sermon Center



**Noon TRX Boot Camp**  
 Tuesdays & Thursdays | 12-12:45PM  
 February through March


Truman Memorial Building




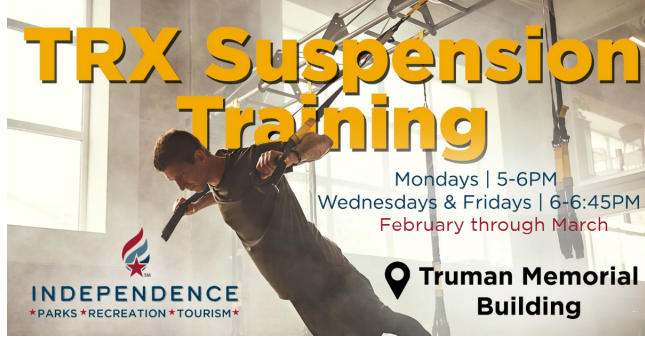
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# TRX Suspension Training

Mondays | 5-6PM  
Wednesdays & Fridays | 6-6:45PM  
February through March

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 Truman Memorial Building



## Kaero Kickboxing

T/TH  
7-7:45PM

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 Sermon Center

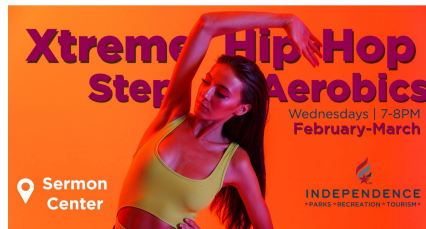


## Xtreme Hip Hop Step Aerobics

Wednesdays | 7-8PM  
February-March

 Sermon Center

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## Turbo Kick Live

Mondays | 8:15-9AM

February-March

 Sermon Center

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# Tone & Tighten

Mondays & Fridays | 11-11:45AM  
February-March


 INDEPENDENCE  
\*PARKS \*RECREATION \*TOURISM\*


 Sermon Center

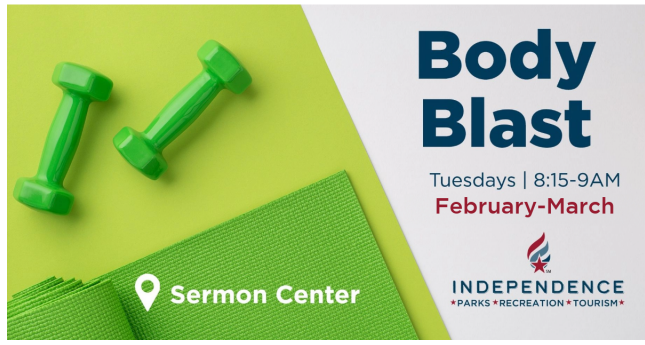


# Body Blast

Tuesdays | 8:15-9AM  
February-March

 Sermon Center

 INDEPENDENCE  
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# Intermediate Tap

Wednesdays | 11-11:45AM

**February-March**

 **Truman Memorial Building**



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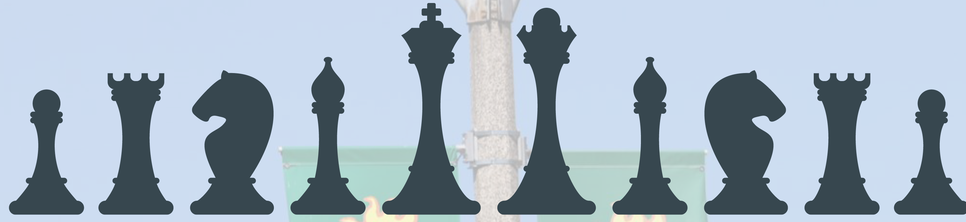
## George Owens Nature Park Events and Activities

If you're looking for outdoor fun -- George Owens Nature Park has you covered! There are great events and activities planned this month. Check them out below.

# LET'S LOVE BUGS

**FEB 17**  
**1-2PM**





# PICK-UP CHESS

AT GEORGE OWENS NATURE PARK

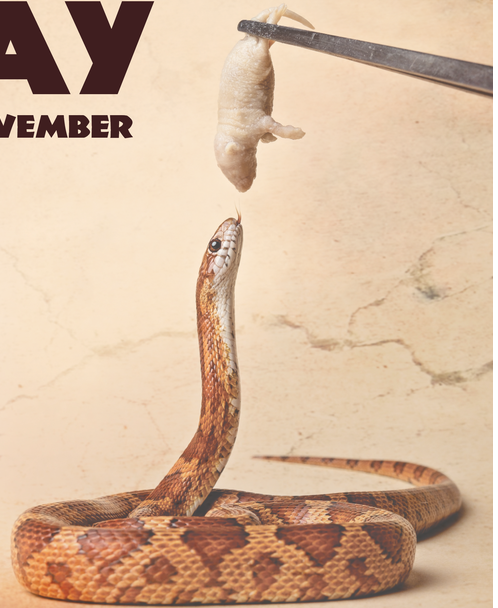


INDEPENDENCE  
\* MISSOURI \*



# FEEDING DAY

3RD WEDNESDAYS | 1-2PM | FEBRUARY-NOVEMBER





# Rockin' with the Rock Guys

## MISSOURI ROCKS & MINERALS

Learn about the rocks and minerals around Jackson County and Missouri with Bruce and Gil. Hands-on demonstrations for ages 5 and older. Free program. Questions or bringing a large group? Call the Parks|Recreation|Tourism staff at (816) 325-7115.

Friday, February 23 | 10-10:40AM  
Saturday, February 24 | 10-10:40AM

DeWitt Center | 1601 S. Speck Rd



## Independence Uptown Market

# Winter Market

First Saturday of the Month | Now through April

9AM-1PM



Join us on the first Saturday of the month for the Winter Market, now through April, from 9 AM to 1 PM!



We're having a Donation Drive at the Independence Uptown Market! The Parks | Recreation | Tourism and Health and Animal Departments are partnering with the Community Services League for a winter clothing drive on Thursday, February 22, from 3-6 PM. Winter clothing is needed for all ages from adults to children including scarves, hats, gloves, coats, blankets, new socks, and any other clothing item to keep our community warm.

## Outdoor Weather Safety: Be Weather Wise this Winter



February is like a box of chocolates; you never know what you're going to get when you head outdoors. February storms can bring snow, sleet, hail, and freezing rain to the area. Be weather wise and check the forecast, and remember these helpful tips before heading outdoors:

- It is important to know the signs and symptoms of weather-related illnesses. Here are the symptoms for hyperthermia to be on the look out for:
  - confusion
  - shivering
  - difficulty speaking
  - sleepiness
  - stiff muscles
- If there's Ice and Snow, Take it Slow.
- Caught outdoors in a wintery storm?
  - Find Shelter.



- Cover exposed body parts.
- Melt snow for drinking.
- Exercise occasionally.
- Be sure your phone is charged before going on outdoor activities.
- Check the weather before going on outdoor activities.
- Check our [City](#) and [PRT](#) social media pages for information on severe weather updates.

For more weather-wise information see our blog at [visitindependence.com](http://visitindependence.com)

## Did you know you can pay and register online?



The Parks, Recreation, and Tourism Department offers online registration for many of our facilities, activities, and programs throughout the year. Please click on the following link to access our WebTrac online registration system. It is simple, secure, and convenient. Get started here, [webtrac.indepmo.org](http://webtrac.indepmo.org)



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