


December 2024 Program

The Palmer Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 10:00 Brain Game Puzzles & Blood Pressure Checks with Jeanne 11:00 Motivation and Movement 12:15 Pop Up Library and Tech Talk	3 10:00 Trim the Tree and Deck the Halls 5:30 Holiday Lights Tour # \$	4 10:30 Piano and Cello Christmas music duet 12:30 Open Music Jam	5 9:45 Nutrition Site Committee 10:30 Home Necessity Bingo	6 10:30 Cocoa and Caroling 12:15 Nutrition Presentation	7 9:00-12:30 Pickleball Court Reservations Available # \$
9 10:00 Brain Game Puzzles 11:00 Motivation and Movement	10 10:30 Bow making workshop	11 10:00 Coloring Your Way 12:30 Open Music Jam 12:30 Project Linus Quilters	12 10:30 Veteran's Café 12:30 Pantry Bingo	13 9:30 Christmas Pre-Party 11:00 Christmas Celebration # \$	14 9:00-12:30 Pickleball Court Reservations Available # \$
16 10:00 Brain Game Puzzles 11:00 Motivation and Movement	17 9:30 Blood Pressure Checks 11:00 Ugly Christmas Sweater Contest	18 12:30 Open Music Jam 3:00 Harvester's Box Pickup	19 10:30 Pinecones and Evergreens 12:30 White Elephant Bingo	20 10:30 The Art in You 12:15 Ice Cream Social	21 9:00-12:30 Pickleball Court Reservations Available # \$
23 10:00 Brain Game Puzzles 11:00 Motivation and Movement	24 Closed Christmas Eve	25 Closed Christmas Day	26 10:30 Bingo	27 10:30 History of Kwanza	28 9:00-12:30 Pickleball Court Reservations Available # \$
30 10:00 Brain Game Puzzles 11:00 Motivation and Movement	31 12:00 New Years Eve Countdown				
9:00-9:45 Wake Up Workout \$3 9:00-11:30 Woodcarving Club SC \$ 10:00-10:45 PEPPi 10:15-11 SilverSneakers Yoga TMB \$ 11:30 Lunch # 11:00-1:00 Open Line Dance \$3 11:30-2:30 Table Tennis TMB \$ 12:00-4:00 Duplicate Bridge Club \$ 12:30-2:30 Chatterbox 1:30-4:30 Drop-In Pickleball \$3	9:00-9:45 Stretch & Tone \$3 11:30 Lunch # 12:30-4:30 Bridge Club \$ 1:30 Zuma Gold TMB \$ 11:30- 12:30 Beginner Pickleball \$ 12:30 – 4:45 Open Play Pickleball \$	9:00-9:45 Wake Up Workout \$3 10:00-10:45 PEPPi 10:15-11 SilverSneakers Yoga TMB \$ 11:30 Lunch # 11:30-2:30 Table Tennis TMB \$ 12:00-4:00 Duplicate Bridge Club \$ 12:00-4:00 Woodcarving Club SC \$	9:00-9:45 Stretch & Tone \$3 11:00-11:45 SilverSneakers Classic TMB \$ 11:30 Lunch # 11:30- 12:30 Beginner Pickleball \$ 12:30 – 4:45 Open Play Pickleball \$	9:00-9:45 Wake Up Workout \$3 10:00-10:45 PEPPi 10:30-11:15 Stitch in Time 11:30 Lunch # 11:00-1:00 Instructed Line Dance \$3 11:30-2:30 Table Tennis TMB \$ 1:30-4:30 Drop-In Pickleball \$3	 THE PALMER CENTER INDEPENDENCE PARKS & RECREATION

#=Reservation Required \$= Fee TMB= Truman Memorial Bldg GO= George Owens Park SC= Sermon Center

www.ci.independence.mo.us/parksandrec/palmer